

August 18, 2020

Unfortunately, I have to point out again that the **COVID situation in Uganda continues to deteriorate**. This can be seen in the report in the attachment. Furthermore, information from CDC (Center for disease control and prevention) states that:

1. Uganda has now definitely reached **the status of sustained community transmission**. This means that individual cases can no longer be related to each other, and therefore a tracking, testing, isolation of each case will continue, but this strategy loses its effectiveness in controlling the spread of the virus.
2. In particular, the increased number of deaths in Kampala are not related to each other. Based on statistical characteristics of the virus in relation to the death rate, the expert would not be surprised to find already “several thousand” positive cases in Kampala.
3. Details about the situation up-country was not provided, except that the hotspots are known and reported through press statements and reports.
4. **The vast majority of COVID-19 infected people have no or mild symptoms**, which makes it so difficult to contain the spread of the virus since people spread it being unaware of being contagious.

As (Ugandan Lambs) staff in Uganda, below is a list of measures that we enforce while in public:

- Wearing a face mask over mouth and nose.
- Keeping at least 1.5 m distance from other people.
- Avoiding contact with people who are not wearing a mask.
- Washing hands as often as possible; carry a bottle of disinfectant or soapy water with us.
- Avoid touching a mask and face when hands have not been washed.

Otherwise all the Lambs are safe where they are.

Best regards,
Reginah